

Late duty chemists

Open until 6pm: Boots the Chemist, Bowthorpe Main Centre. Dereham Road Pharmacy, 562a Dereham Road. Natural Health Pharmacy, St Johns Close, Hall Road. Natural Health Pharmacy, 117f Ipswich Road. Hamblins Pharmacy, Noble Close, Heartsease Estate. Lloyds Pharmacy, 143 Colman Road. Lloyds Pharmacy 22 West End Street. Lloyds Pharmacy, 25a Earlham Road. Lloyds Pharmacy, 2 Mandela Close, Oak Street. Lloyds Pharmacy, 42 Earlham West Centre. Lloyds Pharmacy, 81 Middletons Lane, Hellesdon. National Co-operative Chemists, Suffolk Square, Vauxhall Street. Numark Pharmacy, 140 Thunder Lane. Superdrug, St Stephens Street. Beechcroft Pharmacy, 23 Beechcroft, New Costessey. Alliance Pharmacy, 78 Hall Road. Costessey Pharmacy, 192 Norwich Road, Norwich.

Open until 6.15pm: Thorpe Pharmacy, 202 Thorpe Road.
Open until 6.30pm: Hurn Chemists, 143 Unthank Road. Alliance Pharmacy, Magdalen Medical Practice, Lawson Road. Boots, Willow Wood Surgery, Aslake Close, Sprowston. Alliance Pharmacy, 92 Colman Road. Alliance Pharmacy, The Health Centre, Lawson Road.

Open until 8pm: Alliance Pharmacy, Waitrose, Church Lane, Eaton. Tesco's Pharmacy, Blue Boar Lane, Sprowston. Sainsbury Superstore, Queen's Road. Morrisons, Albion Way, Riverside.

Open until 10pm: Sainsbury Pharmacy, Pound Lane. Boots, St Stephengate Medical Practice, 55 Wessex Street.

Open until 10.30pm: Woodside Pharmacy, 140 Woodside Road, adjoining Thorpewood Medical Centre.

Open until 11pm: Drayton Pharmacy, Manor Farm Close, Drayton. Roundwell Pharmacy, 25-27 Doctor Torrens Way, Norwich.



■ **WINNER:** Nicola Cassie with Olly Day
 Picture: SUBMITTED

Schoolgirl's road safety poster contest success

Coltishall

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A Norfolk schoolgirl will be safer on the roads after winning a Norfolk County Council competition.

Nicola Cassie, 10, who attends Coltishall Primary School, was present at The Road Safety Magic Show, funded by Norfolk County Council and developed in conjunction with its casualty reduction, education and development team, at her school earlier this year.

The show is delivered by children's entertainer Olly Day who presents the vital message about how children can stay safe on the county's roads.

Earlier this year, Olly was at the school with The Road Safety Magic Show and afterwards the children were encouraged to enter a poster competition.

Olly picked Cassie as the winner and the prize was a new bicycle, helmet and bicycle lights supplied by Pedal Revolution in Norwich.

The Road Safety Magic Show has been developed in conjunction with

the county council and incorporates using magic around road safety themes such as "Stop, look and listen" and "Be bright at night". The shows also features Olly's faithful friends, Cyril, the fluorescent cat, and Freddie, the ferret.

Nicola said: "I really enjoyed the magic show; it was funny and I learned a lot from it, like making myself bright and wearing a helmet."

Olly said: "I have been doing The Road Safety Magic Show with Norfolk County Council for over 15 years. I never tire of performing it as the messages are so important. With the summer holidays coming up we want Norfolk's children to get out and about, but be safe while they are."

Gareth Edwards, from Pedal Revolution, said: "We are happy to support the road safety team in the promotion of safer cycling; all children should take the opportunity of cyclist training and the magic show sounds like a great way to pass on vital information."

Olly has performed the show in more than 800 primary and junior schools in Norfolk and it has been seen by more than 120,000 children.

David Harrison, cabinet member for environment, transport, development and waste at the county council, said: "It's vital to get these important messages across to the children and doing it in a fun way really helps the children to learn them."

"The partnership between Norfolk County Council and Olly Day has been a successful one over many years and we believe that it's making a really positive difference to families across the county and has undoubtedly helped to save lives."

IN BRIEF



Success for squad of cheerleaders at regional contest

NORWICH: Cheerleaders from the East Coast Emeralds cheerleading squad attended the British Cheerleading Association midland regional competition. The squad's junior team (aged seven to 14) won first place, while the senior team (age 12 to adults) won second place. The squad also entered a senior co-ed group stunt team, a mixture of male and females and finished second in their division out of five teams.

UEA duo's cycle ride for Alzheimer's Society

NORWICH: The University of East Anglia students Simon Meech and Liam Upson will take on an epic cycling challenge next month, as they undertake a 1,500 mile ride from London to Sicily to raise £3,000 for the Alzheimer's Society. To donate, visit: www.londontosicily.org or for more information on the society, call 01603 763517 or email Norfolk@alzheimers.org.uk

Human library to challenge prejudice

NORWICH: A Human Library was due to take place today in support of an event challenging prejudice and increasing understanding between people of different backgrounds. The drop-in event was being held at Norfolk Adult Education's Wensum Lodge centre between 11am and 2pm.

Society holds two-day annual show at hall

NORWICH: The Norwich and District Fuchsia and Pelargonium Society will hold its annual show on July 27/28 at Drayton Village Hall, School Road, Drayton, from 1.30pm-5pm on Saturday and 11am-4pm on Sunday. There will be plant sales, tombola and refreshments. Admission £1 (accompanied children free). For further details contact Mandy Jackson on 01603 482677.

Volunteers offer advice

Norwich

Volunteers from The Matthew Project charity spent the day chatting to customers and colleagues at Sainsbury's Pound Lane store giving information and advice to those affected by addiction - both drugs and alcohol.

Their Voicebox caravan was in the supermarket's car park.

For more information visit www.matthewproject.org or call 01603 626123



■ Volunteers from The Matthew Project who took their Voicebox caravan to the Sainsbury's store at Pound Lane.