



## **PRESS RELEASE**

**21<sup>st</sup> July 2015**

### **Young people help to shape support services**

The Matthew Project's Unity service is running a series of three Away Days for young people to gather vital feedback about the support offered by The Matthew Project in Norfolk. During July and August the young people's drug and alcohol service will combine opportunities for meaningful input to inform and develop Matthew Project services with positive activities in the outdoors for young people aged 6-19 in Norfolk.

Unity Service Manager, Naomi Selim said "Gathering the views and opinions of young people is vital to our work. We want to ensure that the services we offer remain relevant and useful to young people affected by drug and alcohol use. "

The Away Days will be hosted by Bittern Meadow CIC in Postwick and will include a series of workshops designed to quiz participants about group sessions and 121 support currently offered by The Matthew Project. Following a barbecue lunch, young people will be rewarded for their participation with an afternoon of fun games and activities in a peaceful Norfolk countryside setting.

Joint Commissioning Officer for the Norfolk Drug and Alcohol Action Team at Norfolk County Council, Thomasin Keeble will also be attending each of the Away Days.

The Matthew Project offers advice, support and information to anyone affected by drugs or alcohol. To read more about the work of The Matthew Project or to make a donation to support our ongoing work please visit [www.matthewproject.org](http://www.matthewproject.org)

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