



## **PRESS RELEASE**

### **14<sup>th</sup> April 2015**

### **Support Steve for The Matthew Project**

As part of his 50<sup>th</sup> birthday celebrations, Steve Dove of Catfield planned to take part in the London Marathon back in 2014, but a bereavement in his family meant that he wasn't in the right frame of mind to do the necessary training. He then deferred his entry to 2015 and is currently undergoing a training programme to ensure that he is fit enough to run on April 26<sup>th</sup>.

Steve, who was 51 in March, successfully completed the Marathon back in 2012 when he was a few years younger but also a few pounds lighter.

“My mother-in-law, Sharon Hulbert, who happens to be Media and Fundraising Manager at The Matthew Project, suggested that not only should I run in the Marathon but should also help support a great local Norfolk charity by trying to get sponsorship. Those who know her will understand when I say that really I had no choice in the matter, hence I have opened up an online fundraising page and hope that we raise a few pounds to stop her nagging!”

Steve started his training in earnest earlier this month and is already running 15 miles a day.

“This will be a challenge for me this year but I am determined to get to the finish line in a respectable time. I'm not sure that the mother-in-law thinks I'm going to make it but knowing that people have sponsored me, raising funds for The Matthew Project, will certainly have her encouraging me to so.

Monies raised by Steve will help fund drug and alcohol services to those in Norfolk who are affected by or at risk of being affected by substance misuse issues

To sponsor Steve, visit [www.totalgiving.co.uk/mypage/stevedovemarathonman](http://www.totalgiving.co.uk/mypage/stevedovemarathonman)

For information on the charity, visit [www.matthewproject.org](http://www.matthewproject.org)