

Substance Misuse Champions The Matthew Project



The Matthew Project offer a training and support package, **Substance Misuse Champions**, enabling organisations to support all staff and clients.

Why Substance Misuse Champions?

- 2 days training (please see below for what is included in the training)
- Ongoing support from The Matthew Project
- Regular updates
- Swift updates if anything is urgent or new and necessary
- Training by local experts who already work with schools, businesses and communities
- Trainers and an organisation that understands the local drug situation
- Increased links for referrals, support and signposting
- Upskilling a number of staff that you identify who can then pass on that training or support all staff
- Increased responsiveness to your student's needs
- Staff will be more aware and up to date
- Staff will be more able to intervene early reducing more complex situations
- Staff are more empowered, supported and have somewhere to turn for support and information

This training is in line with the new Government Drugs Strategy (December 2021)

Training Overview

- a) Understand the different types of substances available (Illegal/Prescription/Purchasable)
- b) How to identify substances
- c) Drug vocabulary and slang
- d) Identify the effects of substances on the mind and body (Young People and Adults)
- e) What to look out for if you suspect someone is under the influence of a substance
- f) How to respond if you are asked for help regarding substance misuse
- g) How to respond if you suspect someone is misusing substances
- h) Substance Misuse – Myth or Fact
- i) What to do in an emergency – Substance Misuse First Aid
- j) Contact numbers, email addresses, websites and social media

Champions

- Champions must be willing and able to promote substance misuse awareness and their role as a Champion to colleagues and their workplace
- Champions will help to reduce stigma
- Champions will be able to refer to The Matthew Project or signpost to relevant organisations
- Champions will receive a badge and certificate on completion of the course

The Trainers

The training is facilitated by 2 qualified and experienced trainers who are also front line workers with years of experience working with young people and adults.

Cost

The cost is £2,200 for up to 16 people (excluding venue hire and travel).

Please contact Sarah Nunn for more information or a discussion (sarah.nunn@matthewproject.org / 01603 626123).