

Volunteer for The Matthew Project and become part of our team

Next Steps is a welcoming and vibrant place for people in recovery from substance misuse, building community, support and skills.

Make a difference. Develop personal and professional skills. Enhance your CV. Support your studies. Meet new people. Feel good.

Upholstery or Furniture Repair (Next Steps) Volunteer

Can you stretch, sew, hammer and tack? Do you enjoy giving furniture a new lease of life? We are looking for volunteers to support Next Steps Recovery Hub members to learn new skills in upholstery/furniture repair for enjoyment and/or to college entry level. Also enabling members to increase their confidence, make a positive contribution to their own ongoing recovery and the wider community and increase their employability.

The Recovery Hub will be open 7 days a week so activities can be during the day, evening or weekends.

No groupwork experience is necessary but you do need to be able to encourage everyone to join in and feel comfortable.

Tasks may include, but not limited to:

- delivery of upholstery or furniture repair training to a small group
- possibly support a programme of upcycling for income generation
- supporting the team to ensure the safety of staff, volunteers and members within the training programme and adherence to Health and Safety requirements
- where possible, signposting to further training or employment opportunities
- supporting and motivating individuals
- help in setting up equipment for sessions

Personal qualities are also important such as:-

- good listening skills
- positive attitude
- reliability
- good communication skills
- commitment to recovery principles



Regular individual volunteers must be able and willing to attend induction training. Out of pocket expenses will be reimbursed. References and a DBS check are usually required.

**For further information please contact Sarah Nunn on 07810 656690
or email sarah.nunn@matthewproject.org**