Volunteer for The Matthew Project and become part of our team

Next Steps is a welcoming and vibrant place for people in recovery from substance misuse, building community, support and skills.

Make a difference. Develop personal and professional skills. Enhance your CV. Support your studies. Meet new people. Feel good.

Creative/Therapeutic Writing Group Facilitator (Next Steps) Volunteer

Can you share your love of creative writing? Writing in all forms is a great way to engage people, providing a fun group, social interaction and meaningful activity. We are looking for volunteers to facilitate a group(s) involving anything creative writing based – storytelling, journalism, poetry, scripts, lyrics, - anything!

The Recovery Hub, based in Norwich, is currently open during the day, weekdays but we are looking to open longer soon.

No groupwork experience is necessary but you do need to be able to encourage everyone to join in and feel comfortable.

This is an amazing opportunity for people wishing to share their love of writing or develop new skills, whilst at the same time enabling people in recovery, and their families to increase their confidence, make a positive contribution to their own ongoing recovery and the wider community.

Tasks may include, but not limited to:

- delivery of creative related activities to a small group
- adapt activities where necessary to include members who have difficulty writing for whatever reason (e.g. use of voice recording, scribing, storytelling without written word etc.)
- possibly help develop an exhibition of work
- supporting and motivating individuals
- help in setting up equipment for sessions

Personal qualities are also important such as:-

- good listening skills
- positive attitude
- reliability
- good communication skills
- commitment to recovery principles

Regular individual volunteers must be able and willing to attend induction training. Out of pocket expenses will be reimbursed. References and a DBS check will usually be required.

For further information please contact Sarah Nunn on 07810 656690
or email sarah.nunn@matthewproject.org