

# Menu Plan April 2024

At TMP HQ we offer freshly prepared lunches on Tuesdays, Wednesdays and Thursdays from our 4-star rated professional kitchen. They are served at 12.30pm and can be enjoyed in our café area for all room hire guests. Meals can also be purchased to take away.

We charge **£5 per meal**, with all profit going back into funding our lifesaving work.

Orders must be placed by Friday for the following week.

For any allergens, special diets, intolerances etc please speak with Sarah who will liaise with our kitchen staff to accommodate wherever possible. [Sarah.king@matthewproject.org](mailto:Sarah.king@matthewproject.org)

Date	Menu	
	Meat based	Vegetarian
Tuesday 2 <sup>nd</sup>	Chicken pasta bake with garlic bread	Mushroom and broccoli pasta bake with garlic bread
Wednesday 3 <sup>rd</sup>	Beef chilli with potato wedges	Vegetable chilli with potato wedges
Thursday 4 <sup>th</sup>	Quiche Lorraine, potato salad and coleslaw	Mushroom and spinach tart, potato salad and coleslaw
Tuesday 9 <sup>th</sup>	Chicken Korma with basmati rice and Bombay potatoes	Vegetable Korma with basmati rice and Bombay potatoes
Wednesday 10 <sup>th</sup>	Fishcakes served with vegetables	Veggie cakes served with vegetables
Thursday 11 <sup>th</sup>	Sausages in tomato and cheese pasta with garlic bread and coleslaw	Veggie sausages in tomato and cheese pasta with garlic bread and coleslaw
Tuesday 16 <sup>th</sup>	Garlic and Parmesan chicken served with Lyonnaise potatoes and veg	Vegetarian Moussaka served with Lyonnaise potatoes and vegetables
Wednesday 17 <sup>th</sup>	Penne Bolognese with garlic bread	Cheese topped vegetable Ratatouille with garlic bread
Thursday 18 <sup>th</sup>	Chicken Rogan Josh served with rice	Vegetarian Rogan Josh served with rice
Tuesday 23 <sup>rd</sup>	Chicken Stroganoff with rice	Mushroom Stroganoff with rice
Wednesday 24 <sup>th</sup>	Bacon and tomato pasta bake topped with cheese and served with garlic bread and coleslaw	Peppers, courgette, broccoli and tomato pasta bake served with garlic bread and coleslaw
Thursday 25 <sup>th</sup>	Mince and onion pie with mash and vegetables	Mushroom, courgette and kale pie with mash and vegetables
Tuesday 30 <sup>th</sup>	Pork in a mustard and cream sauce with mash and vegetables	Roasted cauliflower with a tomato and cashew sauce with mash and vegetables

Subject to change